

PROPOSAL FOR TEACHING AND LEARNING MATERIALS FOR CHILDREN WITH CHALLENGES OF ADARSH CHARITABLE TRUST

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SUBMITTED to
Care and Share USA

SUBMITTED BY

ADARSH CHARITABLE TRUST
X/584 B OPP AGASTHYA ASHRAM, KUREEKKAD, ERNAKULAM KERALA-682305
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Part B - Details of the Applicant

1	Name of organization	Adarsh Charitable Trust
2	Address for communication	X/584 B, OppAgasthya Ashram, Kurekkad, Ernakulam, Kerala-682305 Email: adarshrehab@yahoo.com Web: www.adarshrehab.org
3	Contact person & designation	S.Aswinkumar Executive Secretary 9447391730 Email: guruaswin@yahoo.co.in
4	Registration details	
i	Trust Registration Enclosed as Annexure	No. 78/IV/1998 dtd 22.04.1998 under Registration Act 1908
ii	Income Tax Registration Enclosed as Annexure	No.CIT/CHN/12A/Tch-11/98-99 dtd 18.10.2000 Registered under Sections 12 A & 80G of IT Act 1961
iii	PAN Enclosed as Annexure	AAATA8491K
iv	FCRA Registration Enclosed as Annexure	No. 052850473 dtd 18.07.2003
v	Govt. of Kerala PWD Registration Enclosed as Annexure	265/08/2014 (Renewed w.e.f 29/08/2014 for 3 years)
5	Structure of organization:	<p>Adarsh is Public Charitable Trust and has 26 members on its Board of Trustees. The Board has a Chairman Emeritus, Chairman, Vice Chairman, Secretary and Treasurer. The Board of Trustees has 2 elected bodies, a Governing Council with 11 members and an Executive Committee with 6 members for a tenure of 3 years. These two bodies meet once in 2 months to review the functioning of the organization, approving new projects, budget etc. Annual General Body meeting is held in May or June of every year not later than the end of July</p> <p>Adarsh has 2 major activities, a centre based and the Community Based. In centre based activities, the Trust runs 2 centres one at Kurekkad where children with Cerebral Palsy, Autism, Down syndrome and Multiple disability come for training and rehabilitation. The second centre at Vyttila takes care of children with Learning disorders mainly. In addition the centre also provides comprehensive evaluation of children with all kinds of developmental problems. In the Community, there are 2 projects, one the Home Based Rehabilitation programme and the other is Risk Baby Unit. In former, a team of experts including a Physiotherapist, A Special Teacher and helpers visits children's home and provides therapy. The children in the units are, either due to lack of awareness, financial problems, and due to other logistical problems, not able to attend any training centres and are kept idle at their home without getting any programmes. Adarsh has such 3 units helping around 110 children from 11 Panchayats. At Risk Baby Unit, a trained Developmental therapist visits selected Hospitals in the town and evaluates newborn babies who are born wither prematurely or with Low Birth Weights. As they have the high potential to develop any disability in future, this unit helps them to track the child's growth and development periodically. This unit now works in 4 hospitals.</p> <p>These centre based and community based activities are controlled by the Executive Secretary of the Trust. At the centre, Principal/Vice Principal controls the activities. To</p>

	help her, there are heads for each unit (11 units). To control the projects, there is a Project Manager.	
6	Details of Governing Body Members, their designation and career experience Enclosed as Annexure	
7	Name and designation of Chief-Functionary	P R Mahadevan Secretary 9447221900 Email: pr.mahadevan@yahoo.co.in
8	Origin and brief history of organization: Brochure is enclosed as Annexure	
9	Objectives of organization <ul style="list-style-type: none"> • For helping physically handicapped and mentally retarded persons • To rehabilitate persons with Cerebral Palsy and persons with other disabilities • To give medical assistance and relief to those who are poor and have become mentally and physically retarded through accidents or other calamities. • To establish and/ or construct, run and aid institutions, medical relief centers for this purpose • To promote research in the field of community based rehabilitation programs • To do any and all other lawful things as the trust may deem fit for the attainment of all or any of its objectives. 	
10	Target groups The present target group is children with challenges mainly those afflicted with Cerebral Palsy, Down syndrome, Autism, Multiple Disability and Learning Disorders	
11	Any religious or political affiliation Adarsh Charitable Trust has no religious or political affiliation	
12	External Auditors	G Joseph and Associates Chartered Accountants, Cochin
13	Bank Details	A/c. No. 204701011000067 Name: Adarsh Charitable Trust IFS Code: VIJB0002047 Branch: Puthiyakavu

PART C –Sectors of Activity

Since its inception in 1998, Adarsh Charitable Trust, over the years, has been undertaking the following projects and activities

No.	Name of Activity	Indicator of activity being carried out every year	Present Strength
1	Rehabilitation Centre	Number of children with Cerebral Palsy, Autism, Down syndrome and Multiple Disability rehabilitated at the	276

2	Child Developmental Evaluation Intervention and Research Centre	Number of Children with any or all developmental disorders evaluated and rehabilitated at the centre	78
3	Home Based Rehabilitation Programme	Number of children rehabilitated at their homes, 3 such units are working	130
4	Risk Baby Unit	Number of children evaluated and rehabilitated through 1 Risk Baby Unit	70-80 a month

Sources of Income for the projects

No.	Project	Donors and percentage of help
1	Rehabilitation Centre	i. Govt of Kerala (20%) ii. Beneficiary charges (25%) iii. Public and Private Donation (55%)
2	Child Development Evaluation Intervention and Research Centre	i. Beneficiary charges (75%) ii. Donation (25%)
3	Home Based Rehabilitation	iii. Donation (100%)
4	Risk Baby Unit	iv. Donation (100%)

Major Donors of Adarsh Charitable Trust

I. Govt. of Kerala

- a. Grant in Aid as a voluntary organization working in the field of Rehabilitation
- b. Reimbursement from the Local Self Govt. Bodies of fees paid by the beneficiaries

II. Help from Public Sector Undertakings

- a. Bharat Petroleum Corporation Ltd has been giving regular support for the last several years, mainly supporting the Home Based Rehabilitation programme of the Trust.
- b. Cochin Shipyard Limited

III. Private Companies

- a. Sarojini Trilok Nath Trust, New Delhi
- b. Give India Foundation, an NGO based in Mumbai specifically to mobilize donations from individuals.
- c. Thomas Chiitilappilly Trust, Ernakulam
- d. Gamesa , Chennai, the 3rd largest Company in the world for Wind Energy

- e. Think India foundation , Dallas USA
- f. Esquire Plastics, Cochin
- g. There are many others ,giving donation of smaller amounts , too numerous to be mentioned in this report.

IV. Individual Philanthropists

- a. Padmashree C K Menon, a shipping magnate based in Qatar , but with business interest in about 15 countries is the largest donor to Adarsh with a donation of Rs 80 lakhs so far. He is the Chief Patron of Adarsh
- b. N Krishnan, a young Executive, based in Mumbai is the second largest individual benefactor. He has been making regular donations every year to Adarsh, now totalling Rs.52 Lakhs.

In this category too, there are many many more well wishers, who have helped us in the past and many who continue to do so regularly. While we are beholden to each one of them, it is not possible to enlist them in this report, being too numerous.

Part D Project Components

1. Title of the Project Proposal
Procurement of Teaching and Learning Materials (TLM) kit for children with challenges
2. Aim of the Project
Adarsh Charitable Trust has around 280 children and they are classified into 28 different classes based on the disability, age and functional skills. The aim of the project to provide necessary TLM kits to the trainers and therapist of 28 classes of Adarsh Charitable Trust to implement various training and therapy programmes for the physically challenged children.
3. Objective of the Project
Children with challenges need frequent training and therapy for their normal development of mental and physical skills. No two children with disabilities are equal in their skills and abilities. Hence a wide range of TLM are required for them. There are different kinds of such materials are available in the market. All these are developed based on the problems of such children. The main objectives of these materials are:
 1. To improve attention and concentration
 2. To enhance eye hand coordination
 3. To develop learning skills
 4. Help them to become independent in Activities of Daily Life
 5. To Improve Hand functions
 6. To give sensory integration therapies
 7. To enhance memory skills
 8. To develop basic concepts

4. Scope of the project

TLM are an essential part of the rehabilitation process of children with physical and mental challenges. All these materials are designed in such a way that it is easier for the children to learn. All these materials are familiar in the day to day life of these children. Many schools do not use such materials due to lack of awareness and lack of resources to get these materials. Hence the project has its own importance in the comprehensive rehabilitation of children with challenges. The proposed kit contains comprehensive items covering all the physical and mental functions of children. Normally such a kit can effectively utilized 2-3 years.

5. Strategy

The strategy for the project is very simple that each child's problem is identified and the materials required for them are also identified. Once the project is approved, only need to place the order for them.

6. Activity Plan

Physiotherapist, Occupational therapists and Special Educators are the ideal professionals who can judge the need and impact of TLM in each child. Based on the requirement of each child these professionals will implement different training programmes using such materials.

7. Monitoring

Proper utilization of the devices is monitored by the concerned teacher and therapist. A Principal/Vice Principal will supervise the overall utilization of such materials

Part E Budget Estimate

COST ESTIMATE			
ITEMS	QUANTITY	Cost per Kit	COST IN RS.
Teaching and Learning Materials TLM	28 TLM Kits	10,000	2,80,000.00
TOTAL			2,80,000.00